

Adult/Older Adult Mental Health Services

Mission/Guiding Principles Statement

Mission

The Adult/Older Adult Mental Health Services System of Care is based on Biopsychosocial and Rehabilitation (BPSR) principles that have proven to be effective in reducing psychiatric hospitalization and assisting mental health clients to become more productive community members.

Principles

BPSR guiding principles specify that services shall be:

- Client centered;
- Comprehensive and integrated with a broad array of services;
- Individualized, culture-centered, and built upon client's strengths;
- Provided in the least restrictive and most appropriate setting;
- Coordinated both at the system and service delivery levels;
- Delivered with clients as full partners in their treatment and care;
- Protective of client rights.

Following these guiding principles, the BPSR Center's program shall provide bio-psychosocial rehabilitation and recovery services which are comprehensive, culturally competent, age and developmentally appropriate, and which exemplify evidence based and best practices in psychiatric, vocational, nursing, social skill and illness management techniques, and which provide activities tailored to individual client's needs and choices within their cultural context.

The objective is to improve clients' competencies for a quality life in the community by offering services which not only eliminate or alleviate client symptomology, but enable clients to manage their illness within a recovery and strength based context. BPSR Centers shall promote wellness and recovery by providing a user-friendly environment that is welcoming to clients of diverse cultural backgrounds and to others significant in these clients' lives. The Centers shall be an integral part of their regional communities, and places which encourage family members, local citizens and former clients to volunteer their talents to enrich their rehabilitation and recovery activities.

The mission and principles of the organization are a yardstick against which to measure outcomes. Consumers (clients and family members) of mental health services are valued members of the community.

Treatment and care shall be client centered and:

- Planned in consideration of the client's individual goals, diverse needs, concerns, strengths, and motivations.
- Culturally, linguistically, and developmentally appropriate to the client.
- Based on a continuing analysis of the client's need and be flexible enough to incorporate new information and new technology.
- Planned and delivered in a quality-based, cost-effective manner.
- Mental health services must build on the assets of the clients and their support systems (family and friends).
- Priority must be given to the development of services in the community.